



Existential-Integrative Psychotherapy: Guideposts to the Core of Practice

By Kirk J. Schneider

Routledge, 2007. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Preface. Introduction: Existential-Integrative Psychotherapy: A New Era. Part I: From Segregation to Integration . Bassett-Short and Hammel , Existential Psychotherapy from Within the Training Process. Part II: Guideposts to an Existential-Integrative (EI) Approach . How the Chapter is Organized. Theory of the Existential-Integrative (EI) Approach. Therapy as Liberation Strategies/Consciousness as Liberation Levels. Constriction (Smallness) and Expansion (Greatness) as Omnipresent Horizons. Developmental View. Therapeutic Implications of the Theory. How to Discern Appropriate Liberation Strategies. The Offering of Nonexperiential Liberation. The Offering of Semi-Experiential Liberation. The Offering of Experiential Liberation. Presence: A Primary Nutrient. Smallness-Greatness "Clustering:" Keys to the Experiential Work. Invoking the Actual: Creatively Inspiring Presence. Vivifying and Confronting Resistance (Protections). Rediscovering Meaning and Awe. Summary of the EI Model. Appendices. Summary of the Four Stances of the Experiential Liberation Strategy. Ways the Stances Utilize Constrictive-Expansive Dynamics. Summary of EI Decision Points. Skill-Building Exercises: Suggestions for Instructors. I. Personal Exercises. II. Clinical Exercises. Notes. References. Part III: Case Studies of the EI Model . Section 1: EI Approaches to Multiculturalism. Comas-Diaz, Latino Psychospiritality. Rice, An African-American Perspective: The Case of Darrin. Alsup, Existentialism of Personalism:...

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